|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean number of servings of fruit and/or vegetables on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean number of servings | 95% CI | n | Mean number of servings | 95% CI | n |  | 95% CI |
| 18-29 | 551 | 2.8 | 2.5 - 3.1 | 802 | 2.8 | 2.6 - 3.0 | 1353 | 2.8 | 2.6 - 3.0 |
| 30-44 | 627 | 3.0 | 2.8 - 3.2 | 1021 | 2.8 | 2.6 - 3.0 | 1648 | 2.9 | 2.7 - 3.1 |
| 45-59 | 383 | 3.0 | 2.8 - 3.3 | 571 | 3.0 | 2.7 - 3.2 | 954 | 3.0 | 2.8 - 3.2 |
| 60-69 | 174 | 2.7 | 2.2 - 3.2 | 325 | 3.2 | 2.8 - 3.7 | 499 | 3.0 | 2.7 - 3.3 |
| **Total** | **1735** | **2.9** | **2.7 - 3.1** | **2719** | **2.9** | **2.7 - 3.0** | **4454** | **2.9** | **2.7 - 3.0** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1382 | 2.8 | 2.6 - 3.1 | 2282 | 2.8 | 2.6 - 3.0 | 3664 | 2.8 | 2.7 - 3.0 |
| Urban | 353 | 3.1 | 2.7 - 3.4 | 437 | 3.3 | 2.9 - 3.6 | 790 | 3.2 | 2.9 - 3.4 |